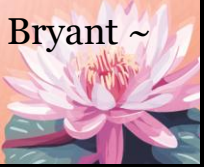


| Sunday                                                                                                                                                                         | Monday                                                                                                | Tuesday                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                           | Thursday                                                                                                                                                            | Friday                                                                                                                                                                    | Saturday                                                                                                                                                                                                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>  <div> <h1>July 2026</h1> <p>Cedarwood Village ~ First Floor Programs</p> </div> </div> |                                                                                                       |                                                                                                                                                                                                            | <div> <div>1</div> <div> 10:00 Canadian Travelogue~<br/>Newfoundland &amp; Labrador<br/><br/> 2:00 Canada Day Puzzles<br/><br/> <b>“Happy Canada Day<br/>Everyone”</b><br/> <small>Canada Day</small> </div> </div> | <div> <div>2</div> <div> <b>10:30 Travelling Tunes<br/>w/ Monique</b><br/><br/> 2:00 A Day at the Horse<br/>Races </div> </div>                                     | <div> <div>3</div> <div> <b>10:00 Ukelele Music w/<br/>Krystal</b><br/><br/> 2:00 Bingo </div> </div>                                                                     | <div> <div>4</div> <div> 10:00<br/>Hand Wax Therapy<br/><br/> <small>Independence Day (U.S.)</small> </div> </div>                                                                                         |
| <div> <div>5</div> <div> 2:00<br/>Spiritual Eldercare<br/><br/> <b>“Outdoor Fun Week”</b> </div> </div>                                                                        | <div> <div>6</div> <div> 10:00 Manicures<br/><br/> 2:00 Yes/No Game ~ in<br/>the Garden </div> </div> | <div> <div>7</div> <div> 10:00 Bingo<br/><br/> 2:00 Bocce Ball ~ in the<br/>Garden </div> </div>                                                                                                           | <div> <div>8</div> <div> 10:00 What Am I?<br/><br/> <b>2:00 Music w/ The Coulson<br/>Brothers-Atrium</b><br/><br/> 6:30 Coca Cola Taste Test!<br/><br/> <i>Coca Cola Day!</i> </div> </div>                         | <div> <div>9</div> <div> 10:00 Bingo<br/><br/> <b>2:00 Reiki</b> </div> </div>                                                                                      | <div> <div>10</div> <div> 10:00 Trivia-BBQ's &amp;<br/>Backyard Games<br/><br/> <b>12:00 Celebrate<br/>Cedarwood BBQ-Staff</b><br/><br/> 2:00 Outdoor Walks </div> </div> | <div> <div>11</div> <div> 10:00<br/>Brain and Body<br/>Workout </div> </div>                                                                                                                               |
| <div> <div>12</div> <div> 10:00<br/>Bible Study<br/>“The Sound of Silence”<br/><br/> <b>“Social Wellness Week”</b> </div> </div>                                               | <div> <div>13</div> <div> 10:00 Manicures<br/><br/> 2:00 “Guy Talk” ~ Men’s<br/>Program </div> </div> | <div> <div>14</div> <div> 10:00 Bingo<br/><br/> <b>2:00 Van Outing</b><br/><br/> <b>2:00 Catholic Mass-<br/>Atrium</b><br/><br/> <b>Sportswear Tuesday!</b><br/> <small>Bastille Day</small> </div> </div> | <div> <div>15</div> <div> 10:00 “Uzzle” Puzzle Brain<br/>Teaser<br/><br/> <b>2:00 Birthday Party w/<br/>Archie-Atrium</b><br/><br/> 6:30 High Striker Roll </div> </div>                                            | <div> <div>16</div> <div> 10:00 Bingo<br/><br/> 2:00 Pong Ball </div> </div>                                                                                        | <div> <div>17</div> <div> 10:00 Baking Program ~<br/>Tahitian Coconut Sweet<br/>Bread<br/><br/> 2:00 Travelogue ~ South<br/>Pacific Island </div> </div>                  | <div> <div>18</div> <div> 2:00<br/>Table Bowling </div> </div>                                                                                                                                             |
| <div> <div>19</div> <div> 10:00<br/>Bible Study~<br/>David &amp; Goliath<br/><br/> <b>“Family Tree Week”</b> </div> </div>                                                     | <div> <div>20</div> <div> 10:00 Manicures<br/><br/> 2:00 Movie Matinee </div> </div>                  | <div> <div>21</div> <div> <b>10:30 Church Service<br/>w/Marilyn &amp; Manny-<br/>Atrium</b><br/><br/> <b>2:00 Music w/ Eric<br/>Lunn-Atrium</b> </div> </div>                                              | <div> <div>22</div> <div> 10:00 Doubles Dice Game<br/><br/> <b>2:00 Outdoor Social-LTC &amp;<br/>Apts. Families Invited!</b><br/><br/> 6:30 DOT Painting </div> </div>                                              | <div> <div>23</div> <div> 10:00 Bingo<br/><br/> <b>2:30 Reiki</b><br/><br/> 6:30 Trivia </div> </div>                                                               | <div> <div>24</div> <div> 10:00 Balloon Toss<br/><br/> 2:00 Sing-Along </div> </div>                                                                                      | <div> <div>25</div> <div> 10:00<br/>Cover the Numbers<br/>Dice Game </div> </div>                                                                                                                          |
| <div> <div>26</div> <div> 3:00<br/>Church Choir – Atrium<br/><br/> <b>“Make Someone Smile<br/>Week”</b> </div> </div>                                                          | <div> <div>27</div> <div> 10:00 Manicures<br/><br/> 2:00 Nerf Gun Target<br/>Shooting </div> </div>   | <div> <div>28</div> <div> 10:00 Bingo<br/><br/> 2:00 Paper Plate Art </div> </div>                                                                                                                         | <div> <div>29</div> <div> 10:00 Guggenheim ~ Letter M<br/><br/> <b>2:00 Brain Fit Dementia<br/>Education Session-Atrium</b><br/><br/> 6:30 Wellness Streaming </div> </div>                                         | <div> <div>30</div> <div> 10:00 Bingo<br/><br/> <b>12:00 Lunch Bunch</b><br/><br/> <b>2:00 Resident Council<br/>Meeting</b><br/> <b>Red Shoe Day!</b> </div> </div> | <div> <div>31</div> <div> 10:00 Classic Hollywood<br/>Musical Song Collection<br/><br/> 2:00 Bean Bag Toss </div> </div>                                                  | <div> <div> <b>“July is like the<br/>sunniest hour of<br/>the day”</b><br/><br/> ~ William C. Bryant ~  </div> </div> |

| Sunday                                                                                        | Monday                                                                          | Tuesday                                                                                                                                                               | Wednesday                                                                                                                          | Thursday                                                                                                                                                                            | Friday                                                                                                                  | Saturday                                                                                                                                                                      |
|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|             |                                                                                 |                                                                                                                                                                       | <div>1</div> <div>10:00 Manicures</div> <div>2:00 Canada Trivia</div> <div>“Happy Canada Day Everyone”</div> <div>Canada Day</div> | <div>2</div> <div>10:00 Travelling Tunes w/ Monique</div> <div>2:00 Balloon Swords</div> <div>6:30 Gues the 1960’s Tv Show Theme Song</div>                                         | <div>3</div> <div>10:00 Ukelele Music w/ Krystal Warman</div>                                                           | <div>4</div> <div>2:00 Fireworks Craft</div> <div>Independence Day (U.S.)</div>                                                                                               |
| <div>5</div> <div>10:00 Spiritual Eldercare</div> <div>“Outdoor Fun Week”</div>               | <div>6</div> <div>10:00 Outdoor Walks</div> <div>2:00 Friendly Visits</div>     | <div>7</div> <div>10:30 Marilyn &amp; Manny</div> <div>2:00 Chair Exercises</div>                                                                                     | <div>8</div> <div>10:00 Manicures</div> <div>2:00 Music w/ The Coulson Brothers-Atrium</div> <div>Coca Cola Day!</div>             | <div>9</div> <div>10:00 Ready, Steady, Roll</div> <div>2:30 Reiki</div>                                                                                                             | <div>10</div> <div>10:00 Target Toss</div> <div>12:00 Celebrate Cedarwood BBQ-Staff</div> <div>2:00 Outdoor Walks</div> | <div>11</div> <div>2:00 Brain &amp; Balance Workout</div>                                                                                                                     |
| <div>12</div> <div>2:00 Hymn Sing</div> <div>“Social Wellness Week”</div>                     | <div>13</div> <div>10:00 Men’s Group</div> <div>2:00 Table Bowling</div>        | <div>14</div> <div>10:00 Banko Card Game</div> <div>2:00 Catholic Mass-Atrium</div> <div>6:30 Abby Games</div> <div>Sportswear Tuesday!</div> <div>Bastille Day</div> | <div>15</div> <div>10:00 Manicures</div> <div>2:00 Birthday Party w/ Archie-Atrium</div>                                           | <div>16</div> <div>10:00 Shake Loose A Memory</div> <div>2:00 DOT Marker Art</div> <div>6:30 Sing-Along</div>                                                                       | <div>17</div> <div>10:00 Aqua Painting</div> <div>2:00 Bingo</div>                                                      | <div>18</div> <div>10:00 Table Bowling</div>                                                                                                                                  |
| <div>19</div> <div>2:00 Bible Study – David &amp; Goliath</div> <div>“Family Tree Week”</div> | <div>20</div> <div>10:00 Bocce Ball</div> <div>2:00 Outdoor Walks</div>         | <div>21</div> <div>10:30 Church Service w/Marilyn &amp; Manny-Atrium</div> <div>2:00 Music w/ Eric Lunn-Atrium</div> <div>6:30 Matching Games</div>                   | <div>22</div> <div>10:00 Manicures</div> <div>2:00 Outdoor Social-LTC &amp; Apts. Families Invited!</div>                          | <div>23</div> <div>10:00 Bean Bag Toss</div> <div>2:00 Van Outing</div> <div>2:00 Reiki</div>                                                                                       | <div>24</div> <div>10:00 Coloring Therapy</div> <div>2:00 Movie Matinee-“Dolly Parton Live in Concert”</div>            | <div>25</div> <div>2:00 Categories</div>                                                                                                                                      |
| <div>26</div> <div>3:00 Church Choir – Atrium</div> <div>“Make Someone Smile Week”</div>      | <div>27</div> <div>10:00 Balloon Toss</div> <div>2:00 Sentimental Journey</div> | <div>28</div> <div>10:00 Cover the Numbers</div> <div>2:00 Ice Cream Cart</div> <div>6:30 Aqua Painting</div>                                                         | <div>29</div> <div>10:00 Manicures</div> <div>2:00 Brain Fit Dementia Education Session-Atrium</div>                               | <div>30</div> <div>10:00 Table Hockey</div> <div>12:00 Lunch Bunch</div> <div>2:00 Resident Council Meeting</div> <div>6:30 Canada’s Got Talent Hour</div> <div>Red Shoe Day!</div> | <div>31</div> <div>10:00 1:1 Visits</div> <div>2:00 Bingo</div>                                                         | <div>“July is like the sunniest hour of the day”</div> <div>~ William C. Bryant ~</div>  |