

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 Cedarwood Village ~ Apartment Programs						1 2:00 Bango-2nd fl.
2  "Farmer's Market Week"	3  Civic Holiday	4 Ashley away today.	5 10:00 Chair Yoga-2nd fl. 2:00 Crafternoon Club-D/R	6 10:00 Van Outing to the Farmer's Market 3:30 Finish the Lyrics-Atrium	7 2:00 Piano Music w/Judy-Atrium	8 10:00 Sing-Along-Atrium 2:00 Wii Bowling-2nd fl.
9  "Elvis Week" "Happy Birthday Joan D."	10 10:00 Men's Coffee Social – 3rd fl. 2:00 Bingo-D/R	11 2:00 Catholic Mass-Atrium 2:30-ish Jam Session w/ Dan & Friends-Atrium	12 10:00 Treats & Trivia -D/R 2:00 Van Outing-Norwich Garden Center & Bakery	13	14 10:00 Sing-Along-Atrium 2:00 Resident & Family Summer Bash!	15 2:00 Bango-2nd fl.
16  "Beat the Heat Week"	17 Sam on Holidays No Exercises this Week	18 10:00 Cranium Crunches-D/R 2:00 Bingo-D/R	19 2:00 Birthday Party w/Archie-Atrium	20 10:30 Town Hall Meeting-D/R 2:00 Van Outing-Ramblin Road Brewery	21 2:00 Bango-2nd fl.	22 10:00 Sing-Along-Atrium 2:00 Matinee – "The King's Speech" 2nd fl.
23 3:00 Church Choir-Atrium "Int'l Be Kind to Others Week"	24 10:00 Men's Coffee Social – 3rd fl. 2:00 Bingo-D/R	25	26 10:00 Van Outing-The Windmill Bakery 2:00 Sip & Paint-D/R "Happy Birthday Pam W."	27 2:00 Music w/Monique-Atrium "Happy Birthday Doris M."	28 12:00 Celebrate Cedarwood-for Staff Only 3:30 Tea & Trivia-D/R	29 2:00 Bango-2nd fl.
30 	31	"The first week of August hangs at the top of summer...like the highest seat of the Ferris wheel" ~Natalie Babbitt~ 				